



BUILDING BRIDGES MENTORING PROGRAM

Mentor Job Description

The Building Bridges Mentoring Program of Albuquerque helps to empower Native American youth in our community to make positive life choices that enable them to maximize their potential. The Building Bridges Mentoring Program uses adult volunteers to commit to supporting, guiding, and being a friend to a young person for a period of at least one year. By becoming part of the social network of adults and community members who care about the youth, Mentors help youth develop and reach positive academic, career, and personal goals.

Mentor Role

- Take the lead in supporting a young person through an ongoing, one-to-one relationship
- Serve as a positive role model and friend
- Build the relationship by planning and participating in activities together
- Strive for mutual respect
- Build self-esteem and motivation
- Help set goals and work toward accomplishing them

Time Commitment

- Make a one-year commitment
- Spend a minimum of four hours per month one-to-one with Mentee (Youth)
- Communicate with the Mentee (Youth) once a week
- Attend an initial Mentor Orientation Training session, Mentor Stage II Training, and intermittent training sessions during each year of participation in the program
- Attend Mentor (Adult)/Mentee (Youth) group events which may include program recognition
- Make weekly contact with program staff
- Meet monthly with Mentee and program Staff

Participation Requirements

- Be at least 18 years old
- Reside in the Albuquerque metro area
- Be interested in working with young people
- Be willing to adhere to all program policies and procedures
- Be willing to complete the application and screening process
- Be dependable and consistent in meeting the time commitments
- Attend mentor training sessions as prescribed
- Be willing to communicate regularly with program staff, submit activity information, and take constructive feedback regarding mentoring activities

- Have access to an automobile, auto insurance, and a good driving record
- Have a clean criminal history
- Not use illicit drugs
- Not use alcohol or controlled substances
- Not be currently in treatment for substance abuse and have a non-addictive period of at least five years
- Not be currently in treatment for a mental disorder or hospitalized for such in the past three years

Desirable Qualities

- Willing listener
- Encouraging and supportive
- Patient and flexible
- Tolerant and respectful of individual differences

Benefits

- Personal fulfillment through contribution to community and individual
- Satisfaction in helping someone mature, progress, and achieve goals
- Training sessions and group activities
- Participation in a mentor support group
- Mileage and expenses are tax deductible
- Personal ongoing support, supervision to help the match succeed
- Mentee(Youth)/Mentor(Adult) group activities, complimentary tickets to community events, participant recognition events

For more information, contact the Building Bridges Mentoring Program/ First Nations Community HealthSource at (505) 262-6581 or 6559