



Youth Mentoring Program Newsletter

News:

- **Oasis** tutoring is willing to provide free tutor training to all our enroll mentors to be certified tutors in APS. Mentors can learn new activities and strategies to help their mentee excel in reading and math.
- YMP is now partnered with **New Mexico Shotokan karate**. The head instructor Randy Sanders is a 6th degree black belt with over 25 years of experience. He is

willing to sponsor children to attend his school and offer extended trials to all those that go through our program.

- **Information packages** about our program are available any time. If you have friends, children, grandchildren, relatives or other acquaintances who could benefit from our program, let us know and we will send you information. (Contact data: back of the Newsletter)

First Nations Youth Mentoring Program is a one-on-one mentoring program designed to give the best possible support for our mentees. Youths who have been involved in mentoring relationship experienced many positive outcomes such improved school attendance and attitude, achieved higher education, decreased drug and alcohol use, improved and trusting relationships and better communication with parents.



Thanksgiving Event:

- On November 20th, YMP hosted a Thanksgiving dinner for mentees, mentors, and friends of the program. Thanks to everybody who donated food and gifts. We look forward to holding more of these events and a special thank you to our mentors and mentees for supporting our goals and we are glad to give back how we can.



Become a Mentor. Make a Difference!



"My mentor and I get along real good. My mentor name is Johnathon. He helps me with my home-work and we do fun things together. I look forward to when he comes to meet me every week!"

Valente Acosta

Valente joined our program back in August. One of the his biggest accomplishment recently was his improvement in his grades. He recently jumped up to a B in his social studies class because of the time that John took with him to work through his assignments. Good job Valente!

How to mentor a child

- Build trust. A mentor/mentee relationship takes time to develop. Unless you choose to mentor a child you know well, your relationship is likely to take time before the two of you become close. It's important to show the child you are trustworthy. Always follow through with everything you say, including being on time for your appointments together.
- Make a plan for the future. Help your protégé set attainable short, mid-range and long-term goals. Show the child how to steer his or her own life by consciously planning for the future.
- Provide a strong example. The old adage 'monkey see, monkey do' has merit. You cannot teach a child to behave as a responsible citizen unless you are one. Don't try to keep illicit activity secret from your mentee; children are remarkably receptive. Always be the type of person you would be proud to have your mentee duplicate.

10 Ways to show kids you care!

- Notice them
- Smile a lot
- Acknowledge them
- Learn their names.
- Remember their Birthdays
- Ask them about themselves
- Listen to them
- Read aloud together

December 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Pop-Corn Wreaths	2	3	4 Explora
5	6	7	8 Snow-man Gift Bag	9	10	11
12	13	14	15 Picture Frames	16	17	18 X-Mas Dinner!
19	20	21	22	23	24	25
26	27	28	29 Rein-deer Craft	30	31	

Happy New Year to everybody!!

Creative Wednesday s! Active Saturdays! Come and join us!

December Activities!

Wednesdays: 4.00 pm -5.30 pm
(Dates see calendar) in apartment 9 right next to our office.
509 Alvarado Dr. SE
Albuquerque 87108

Saturday:
December 4th - Explora
Time: 10.30 am -1.00 pm

We meet here at our office at 10:30 (address s.a) and we will drive from here all together to Explora.

December 18th CHRISTMAS DINNER

On December 18th, we will have our Christmas Lunch and afterwards we will have a cookie baking for mentees and mentors as well as games and crafts and of course Christmas presents for our mentees.

Time: 11:00 a.m–2:30 p.m

Location: La Mesa Presbyterian Church
7401 Copper Ave N.E

Kid's corner

Hey kids!

Christmas is coming..are you excited?

Have fun with our Christmas Riddle.

Yours Regina, Alfred & Melanie

Our Youth Mentoring Program works with a number of community partners and would like to acknowledge their support because without them we would not be able to achieve what we need to do to help our youth:

Albuquerque Partnerships
Albuquerque Public Schools
Andele Tutors
HELP NM
Central Baptist Association
Peanut Butter and Jelly
Native American Community Academy

Christmas Riddle

S	T	O	C	K	I	N	G	S	M	E
R	R	Y	C	A	N	G	E	L	J	H
S	R	I	S	D	E	R	T	E	M	R
C	A	A	S	N	W	Y	S	W	W	E
O	T	N	K	T	T	U	S	N	O	I
O	R	M	T	B	S	S	T	P	N	N
K	E	N	R	A	T	N	F	H	S	D
I	E	A	E	H	N	Q	I	T	H	E
E	T	X	G	E	V	Q	G	M	M	E
S	T	I	R	C	R	T	M	Q	H	R
B	L	R	R	P	X	G	X	D	K	G

Find : Angel , Giftts, Jesus, Red, Santa, Star Tree, Cookies, Green, Lights, Reindeer, Snow, Stockings

January is **National Mentoring Month** and on January the 25th is **Thank your Mentor Day!**

If you want to learn more about it check out this website:



<http://www.nationalmentoringmonth.org/>

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