

I Have Been Tested for COVID-19. Now What?



Watch for symptoms

People with COVID infection have symptoms ranging from very mild to severe illness. These symptoms may include:

More Common Symptoms

Fever and Chills
Cough
Shortness of breath

Less Common Symptoms

Muscle Aches
Headache
Sore Throat
Loss of smell or Taste



If you develop symptoms or have questions, call First Nations at 505-262-2481 or the New Mexico Department of Health COVID-19 hotline at 1-855-600-3453.

If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

Social Distancing and Wear A Mask

Some people with coronavirus have no symptoms but can still spread it. To prevent this, please try to limit contact with others (including family if possible) until you get your results. We also encourage everyone to wear a mask to decrease spreading the virus to other.

Getting Results

Someone from First Nations will call you with your results, positive or negative. If your test is positive you will also be contacted by the NM Department of Health. You can also check your results online at <https://cvresults.nmhealth.org/> You will need your name, date of birth and date of test. If test results are not yet available, the portal will indicate that they are pending. If test results are available, a person will be required to provide an email address and contact information and to create a password to access their information.