# YOUTH MENTORING PROGRAM

First Nations Community HealthSource

Mentee Application (To Be Completed by the Parent/Guardian)

# **Type of Mentoring Requested:**

One on One Only:	
Group Mentoring Only:	
Both One on One and Group Mentoring:	

# **ELIGIBILITY DETERMINATION CHECKLIST**

REQUIRED ELEMENT	MENTEE INFORMATION	CHECK IF MEETS REQUIREMENT
<ul> <li>(1) Age must be between</li> <li><u>5-18</u> years for Group Mentoring</li> <li>(2) Age must be between</li> <li><u>6-18</u> years for One On One Mentoring</li> </ul>	Age:	Group Mentoring
<ul> <li>(3) Must meet one of the following conditions:</li> <li>Failing one or more subjects in school</li> <li>Part of the Juvenile Justice System</li> <li>Come from a single parent</li> <li>Family in financial need including receiving at least one of the following: TANF, SNAP, General Assistance, SSDI, SSI, Free/reduced lunches, Medicaid</li> </ul>	Identify Condition(s) Met:	

# PERSONAL INFORMATION

Child's Name:	Date:	
Parent/Guardian Name:		
Relationship to Youth: Mother	Father Other, specify:	
Street Address:		
City: State:	Zip:	

Home phone:	Work pho	one:	Cell phone:	
Date of Birth Age:	Ger	nder: Ma	le Female Other	
Race/Ethnicity: Native American: Hispanic: African American: White: Asian: Other:				
Name of School: Grade:				
Please list all members of your house	ehold:			
Name	Sex	Age	Relationship to Applicant	
		-		
		-		

## 

# APPLICATION QUESTIONS

Please answer <u>all</u> of the following questions as completely as possible. If more space is needed, use an extra sheet of paper or write on the back of this page.

- 1. Why do you/your child want to participate in a Mentoring program?
- 2. Briefly describe your expectations for the Youth Mentoring Program:
- 3. Is your child available to meet with a Mentor four hours per month and have contact at least once a week for a minimum of one year? Please explain any particular scheduling issues.
- 4. Describe your child's school performance including grades, homework, attendance, behaviors, etc.:
- 5. Does your child have friends? Please describe his/her friendships.
- 6. Is your child currently having any problems either at home or school?
- 7. Has your child experienced any traumatic events (i.e., death in the family, abuse, divorce)? If yes, please provide details.

8. Can you provide any additional background information that may be helpful for matching your son/daughter with an appropriate Mentor?

# MEDICAL HISTORY

Name of Primary Care Physician: \_\_\_\_\_ Phone No.:\_\_\_\_\_

Medical Insurance Provider: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Phone No.: \_\_\_\_\_

- 1. Does your son/daughter have any physical problems or limitations?
- 2. Is your son/daughter currently receiving treatment for any medical issues?
- 3. Is he/she currently on any type of medication? Is so, please specify.
- 4. Does your son/daughter have any known allergies or adverse reactions to anything such as food, medications, etc? If yes, please describe them below:
- 5. Does your son/daughter have any emotional issues or problems right now?
- 6. Is your son or daughter currently seeing a counselor or therapist?

Therapist's Name: \_\_\_\_\_

This application was completed by \_\_\_\_\_\_

Name

on \_\_\_\_\_ Date

## Youth Mentoring Program First Nations Community HealthSource

## Consent, Release of Liability and Agreement to Participate

### Please read this carefully before signing:

The Youth Mentoring Program appreciates you and your child's interest in becoming a mentee. This application is intended as a means of informing and gaining the consent of the parent/guardian to allow their son/daughter to participate in the Youth Mentoring Program.

## Please initial each of the following:

\_\_\_\_\_ I give my informed consent and permission for my child to participate in the Youth Mentoring Program and its related activities.

\_\_\_\_\_ I agree to have my child follow all Mentoring program guidelines and understand that any violation on my child's part may result in suspension and/or termination of the Mentoring relationship.

\_\_\_\_\_ I agree to support by child in this match by allowing him/her to meet with his/her Mentor at least four hours per month and have weekly contact with him/her for one year.

\_\_\_\_\_ I will support by child being on time for scheduled meetings or have him/her call the Mentor at least 24 hours beforehand if we are unable to make a meeting.

\_\_\_\_\_ I will agree to regularly communicate with the staff as needed.

\_\_\_\_\_ I will inform staff if I observe any difficulties or areas of concern that arise in the match relationship.

\_\_\_\_\_ I will notify staff if there are any changes with our phone number or address.

\_\_\_\_\_ I hereby acknowledge that my child will be transported by his/her Mentor and/or First Nations Community HealthSource staff while participating in the Youth Mentoring Program, and that such transportation is voluntary and at his/her own risk.

\_\_\_\_\_ I release the Youth Mentoring Program/ First Nations Community HealthSource of all liability of injury, death, or other damages to me, my child, family, estate, heirs, or assigns that may result from his/her participation in the program, including but not limited to transportation, and hold harmless any Youth Mentor, program staff, or other representatives, both collectively and individually, of any injury, physical or emotional, other than where gross negligence has been determined.

\_\_\_\_\_ I authorize the Youth Mentoring Program of FNCH and their representatives to secure any and all medical care required by my child in the event of an accident or sudden illness occurring during said activity. The Mentor will immediately notify me or my emergency contact should such events occur.

\_\_\_\_\_ (optional) I agree to allow First Nations Community HealthSource to use any photographic image of my child taken while participating in the Mentoring program. These images may be used in promotions or other related marketing materials.

\_\_\_\_\_ I understand that upon a match closure, future contact between my child and his/her Mentor is beyond the scope of Youth Mentoring Program and that First Nations Community HealthSource is not responsible for any continuance in a relationship between the mentee, mentor and parent/legal guardian.

I understand I must return all of the following *completed* items along with this application, and that any incomplete information will result in the delay of my application being processed:

- Contact and Information Release Form
- Interest Survey Form

Emergency Contact if Parent/ Legal Guardian is not Available:

Contact Name/Relationship

Phone Number

Phone Number

 Medical Emergency Information:
 Phone: \_\_\_\_\_\_

 Physician Name: \_\_\_\_\_\_
 Phone: \_\_\_\_\_\_

 Hospital Preference: \_\_\_\_\_\_
 Location: \_\_\_\_\_\_

 In case of a medical emergency, your child will be transported to the NEAREST hospital.

By signing below, I attest to the truthfulness of all information listed on this application and agree to all the above terms and conditions.

Parent/Guardian Signature

Date

Staff Signature

Date

#### Youth Mentoring Program First Nations Community HealthSource

### Information for Parent/Guardian

#### What you can expect:

- 1. The Mentor will normally see your child on a consistent basis. The Mentor is expected to see your child at least four hours/month. S/He will work with you to establish a compatible schedule of visits.
- 2. The role of the mentor is to be a role model only. The relationship will not develop well if friends and family members want to go along.
- 3. The Mentor will not be involved in the discipline or punishment of your child. If behavioral problems arise that the Mentor cannot handle, the Mentor has been instructed to call the parents immediately, return the child home and a plan of action will be discussed between the Mentor and parent before the next visit is scheduled for the following week. Though a Mentor can help in some areas, it takes time. Change will more likely occur over a period of time after respect and communication have had ample time to develop.
- 4. Unless your budget allows otherwise, the Mentor is not responsible for the cost of outings, if any expense is involved. Our Mentors are encouraged to plan activities that are either free or do not involve a lot of spending.
- 5. Our program staff will be monitoring the match on a regular basis and are here to assist you. Be sure to let them know if you have questions or concerns.

#### Guidelines to follow:

- 1. Program staff will contact you once a month or as needed for the entire year or the duration of the match. These contacts are important for allowing us to monitor the match and ensure your child's needs are being met. If the staff is unable to reach you within the month, we will need to suspend the match until we hear back from you. If there is no contact for two months, we will be forced to end the match. You should speak with the program staff if you have questions.
- 2. Have your child ready and dressed appropriately for each outing at the time planned. You should also be home at the time of your child's return unless other arrangements have been made in writing from the parent/guardians and in advance with the Mentor to leave your child home alone if the child/children are at least twelve (12) years old or older.
- 3. Let the Mentor know as soon as possible if you need to cancel an outing. This is very important because our Mentor are volunteers to the program and their time is valuable. Any cancellation of an outing should be made as soon as you know and not at the time the outing is scheduled to occur, with the exception of an emergency or health concern.
- 4. Please do not deny visits with the Mentor as a way of punishment or consequence to your child. First, this is unfair to the Mentor who has set aside time for your child. Secondly, you could be depriving your child of something that is actually helping him/her.
- 5. Notify the staff if there is change of address, phone, or other circumstances affecting the match.
- 6. It is the policy of the program to prohibit the use of drugs, alcohol and firearms. Mentees and Mentors are not allowed to use drugs, alcohol or possess firearms while engaged in the mentoring relationship. Any suspected violations will result in immediate termination of the match relationship.
- 7. Keep in mind the role of the Mentor is to be a role model to your child. It is best that the parent not make requests outside the relationship between Mentor and Mentee. Examples: providing babysitting, transportation and financial responsibilities.

#### How you can help:

- 1. Remember that your support and cooperation is essential to the success of the match.
- 2. Encourage your child to call the Mentor. Most mentors appreciate phone calls from their mentees.
- 3. Remind your child to show appreciation for the Mentor/Mentee relationship. A simple thank you goes a long way.
- 4. Be available to discuss your child's match with the staff. If you cannot talk at work, arrange a special time each month when you call in or be reached.
- 5. Be knowledgeable of your child's match. Ask about outings and activities and how your child feels about his/her Mentor. Report any concerns to the program staff.

Signed on this date: \_\_\_\_\_ by \_\_\_\_

Parent/Legal Guardian

Staff Signature

Date

#### Mentee Interest Survey First Nations Community HealthSource (To Be Completed by Youth and Parent/Legal Guardian)

This survey will help the Youth Mentoring Program know more about your child and his/her interests and help us find a good match for him/her.

1. What are the most convenient times for you to meet with your Mentor? Please check all that apply.

Weekdays: \_\_\_\_ Lunchtime: \_\_\_\_ After school: \_\_\_\_ Evenings: \_\_\_\_

Weekends: \_\_\_\_ If Other, please specify: \_\_\_\_\_

2. Do you speak any languages other than English? If so, which languages?

## The following questions are for you and your child to complete:

- 3. What are some favorite things you like to do with other people?
- 4. What are your favorite subjects in school?
- 5. If you could learn about a job/career, what would it be?
- 6. What are your favorite subjects to read about?
- 7. What is one goal you have set for the future?
- 8. If you could learn something new, what would it be?
- 9. What person do you most admire and why?
- **10.** Describe your ideal Saturday.
- 11. Please check all activities you are interested in:

Biking	Camping	Science	Cooking	Library
Hiking	Boating	Music	Sports	Yoga
Golf	Swimming	Gardening	Parks	Movies
Fishing	Animals	Eating	Board Games	Shopping
Other:	Other:	Other:	Other:	Other:

- 12. List any other areas of special interest.
- 13. How would you describe yourself?
- 14. How would your family or friend describe you?
- 15. How do you like school?
- 16. How do you do in school?
- 17. Do you use drugs/alcohol? If yes, how often and how much?
- 18. Do you belong to a gang?
- 19. Have you ever been arrested? If so, what age and for what reason(s)?
- 20. Why do you want to be mentored?

# Youth Mentoring Program First Nations Community HealthSource Mentoring Plan

Child's Name: \_\_\_\_\_

PLAN		Q1 Achievement	Q2 Achievement	Q3 Achievement	Q4 Achievement
		Y=Yes	Y=Yes	Y=Yes	Y=Yes
To improve my grade in Reading/English	<ul> <li>No improvement</li> <li>Half grade</li> <li>Whole grade</li> </ul>	N=No	N=No	N=No	N=No
To improve my grade in Math	<ul> <li>No improvement</li> <li>Half grade</li> <li>Whole grade</li> </ul>				
To improve my school attendance	<ul> <li>O Missed school days</li> <li>1-2 Missed school days</li> <li>3-5 Missed school days</li> <li>6-8 Missed school days</li> <li>9-10 Missed school days</li> <li>Other:</li> </ul>				
To decrease my alcohol/drug use	<ul> <li>No drug/alcohol use</li> <li>Very little drug/alcohol use</li> <li>Little drug/alcohol use</li> <li>Moderate drug/alcohol use</li> <li>Other:</li> </ul>				
To decrease my gang involvement	<ul> <li>No gang involvement</li> <li>Other:</li> </ul>				
To improve how I feel about myself	<ul> <li>No improvement</li> <li>A little improvement</li> <li>Moderate improvement</li> <li>Significant improvement</li> <li>Other:</li> </ul>				

# INSERT ROSENBERG FORM INSERT STATE INCOME FORM

# Youth Mentoring Program First Nations Community HealthSource

## **Release of Liability**

I,	, am the parent/guardian of	, a minor child. I hereby give
	, a representative of FNCH, permission an	ad authority to take my child on a variety of activities.
Including agency sponsore	ed activities as mutually agreed upon by the paren	t and volunteer/Mentor. I further agree to save and hold
harmless the staff of FNC	H and their representatives from any liability or d	amage which may occur as a result of the aforementioned
activities.		
I further authorize the YM	P of FNCH and their representatives to secure an	y and all medical care/treatment required by my child due
to accident, sudden illness	occurring while on said activity.	
Signed on this date:		
Parent/Legal Guardian Sig	gnature:	
Staff Signature:		